

Present Simple vs Present Continuous

A2 English Worksheet – Lesson 1: Everyday Habits or Happening Right Now?

Language Focus

We use Present Simple for things we do every day, or things that are always true.

We use Present Continuous for things happening now, at this moment.

Tense	Example
Present Simple: a habit or routine	I play football every Saturday.
Present Simple: something always true	Fish live in water.
Present Continuous: happening now	I am playing football now.
Present Continuous form: am/is/are + verb-ing	She is playing. They are playing.
Time words for Present Simple	every day, usually, always, on Mondays
Time words for Present Continuous	now, right now, at the moment, Look!

Tip: look for a time word in the sentence. It tells you which tense to use.

Listening: A Phone Call

Context: two friends on the phone

Listen to your teacher read this aloud, or read it yourself. Then complete Exercise 1.

Kate: Hi Sam! What are you doing right now?

Sam: I'm cooking dinner. I always cook on Tuesdays.

Kate: That's nice. I'm cleaning my room at the moment.

Sam: Do you usually clean on Wednesdays?

Kate: No, I usually clean on Sundays. But today is different!

Sam: What about your brother?

Kate: He's watching TV now. He usually studies in the evening.

1. True or False

Context: Kate and Sam (from the listening)

1. Sam is cooking dinner right now. True / False
2. Sam always cooks on Mondays. True / False
3. Kate is cleaning her room at the moment. True / False
4. Kate usually cleans on Wednesdays. True / False
5. Kate's brother is watching TV now. True / False

2. Multiple Choice

Context: everyday moments

Look at the time word. Choose the correct verb form.

1. Look! It ___ now.
rains / is raining
2. She ___ in a hospital every day.
works / is working
3. We ___ breakfast at the moment.
eat / are eating
4. They ___ football every Saturday.
play / are playing
5. He ___ for his exam right now.
studies / is studying
6. I usually ___ to school.
walk / am walking

3. Matching

Context: time words

Draw a line to match each time word to the sentence that uses it correctly.

- | | |
|------------------|---------------------------------------|
| 1. every day | He is drinking tea at the moment. |
| 2. right now | They clean the house on Sundays. |
| 3. usually | She walks to school every day. |
| 4. at the moment | She is walking to school right now. |
| 5. on Sundays | He usually drinks tea in the morning. |

4. Gap Fill

Context: Ben's weekend

Complete the paragraph with the correct form of the verb in brackets.

Every Saturday, Ben _____1 (play) football with his friends. Right now, he _____2 (sit) at home because it's raining. He usually _____3 (watch) TV in the afternoon, but today he _____4 (read) a book. His sister always _____5 (help) their mother in the kitchen.

5. Choose the Correct Sentence

Context: everyday moments

Look at the time word. Circle the sentence with the correct tense.

1. *Every morning...*

(a) She drinks coffee. (b) She is drinking coffee.

2. *Look! Right now...*

(a) The dog runs in the garden. (b) The dog is running in the garden.

3. *Usually on Fridays...*

(a) They visit their grandmother. (b) They are visiting their grandmother.

4. *At the moment...*

(a) He works on his homework. (b) He is working on his homework.

5. *Every year...*

(a) We travel to Spain. (b) We are travelling to Spain.

6. *Right now...*

(a) I write an email. (b) I am writing an email.

6. Word Order

Context: routines and moments

Put the words in the correct order to make a sentence.

1. goes / She / to / school / every / day.
2. is / He / cooking / dinner / now.
3. usually / They / drink / tea / in / the / morning.
4. are / We / watching / a / film / at / the / moment.
5. always / I / walk / to / work.

7. Right or Wrong?

Context: common tense mistakes

Is the sentence right or wrong? Circle your answer. If it's wrong, write the correction.

1. She is watch TV now. Right / Wrong: _____
2. He plays football every Saturday. Right / Wrong: _____
3. They is playing in the garden. Right / Wrong: _____
4. I usually eat breakfast at 7am. Right / Wrong: _____
5. We watching a movie right now. Right / Wrong: _____

Present Simple vs Present Continuous

A2 Teacher Answer Key - Lesson 1 DO NOT DISTRIBUTE TO STUDENTS

1. True or False - Answers

1. Sam is cooking dinner right now. **True**
2. Sam always cooks on Mondays. **False**
3. Kate is cleaning her room at the moment. **True**
4. Kate usually cleans on Wednesdays. **False**
5. Kate's brother is watching TV now. **True**

2. Multiple Choice - Answers

1. Look! It ___ now. **is raining**
2. She ___ in a hospital every day. **works**
3. We ___ breakfast at the moment. **are eating**
4. They ___ football every Saturday. **play**
5. He ___ for his exam right now. **is studying**
6. I usually ___ to school. **walk**

3. Matching - Answers

1. every day **She walks to school every day.**
2. right now **She is walking to school right now.**
3. usually **He usually drinks tea in the morning.**
4. at the moment **He is drinking tea at the moment.**
5. on Sundays **They clean the house on Sundays.**

4. Gap Fill - Answers (in order)

Blank 1: **plays**

Blank 2: **is sitting**

Blank 3: **watches**

Blank 4: **is reading**

Blank 5: **helps**

5. Choose the Correct Sentence - Answers

1. Every morning... **She drinks coffee.**
2. Look! Right now... **The dog is running in the garden.**
3. Usually on Fridays... **They visit their grandmother.**

4. At the moment... **He is working on his homework.**
5. Every year... **We travel to Spain.**
6. Right now... **I am writing an email.**

6. Word Order - Answers

1. **She goes to school every day.**
2. **He is cooking dinner now.**
3. **They usually drink tea in the morning.**
4. **We are watching a film at the moment.**
5. **I always walk to work.**

7. Right or Wrong? - Answers

1. She is watch TV now. **Wrong - is watching**
2. He plays football every Saturday. **Right**
3. They is playing in the garden. **Wrong - are playing**
4. I usually eat breakfast at 7am. **Right**
5. We watching a movie right now. **Wrong - are watching**