

Daily English Vocabulary – Lesson 2: Food and Drink

Level: A1 | Everyday English | Student Worksheet

Vocabulary

Food

bread (noun)	A common food made from flour, water, and salt, baked in an oven.	"I eat bread for breakfast every morning."
egg (noun)	A round food with a white shell that comes from a chicken.	"I have two eggs for breakfast on Sunday."
rice (noun)	Small white or brown grains that you cook in water and eat with meals.	"We often eat rice with vegetables for dinner."
pasta (noun)	An Italian food made from flour and water, such as spaghetti or penne.	"My favourite dinner is pasta with tomato sauce."
soup (noun)	A hot liquid food made with vegetables, meat, or fish.	"I make vegetable soup when I am cold."
sandwich (noun)	Two pieces of bread with food such as cheese or chicken between them.	"I have a sandwich for lunch every day."
fruit (noun)	Sweet food that grows on trees or plants, such as apples and bananas.	"I eat fruit every day. It is healthy."
vegetables (noun)	Plants or parts of plants that you eat, such as carrots and tomatoes.	"I eat vegetables with every meal."

Drink

water (noun)	A clear liquid that has no colour or taste. You need it to live.	"I drink eight glasses of water every day."
coffee (noun)	A hot dark drink made from coffee beans.	"I drink coffee before I go to work."
tea (noun)	A hot drink made by putting dried leaves in hot water.	"I have a cup of tea in the afternoon."
juice (noun)	A drink made from fruit, such as orange juice or apple juice.	"I drink orange juice with my breakfast."
milk (noun)	A white drink that comes from a cow.	"I put milk in my coffee."

Useful words

hungry (adjective)	Wanting or needing to eat food.	"I am very hungry. I did not eat lunch today."
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thirsty (adjective)	Wanting or needing to drink something.	<i>"I am thirsty. Can I have a glass of water?"</i>
delicious (adjective)	Very good to eat or drink; having a wonderful taste.	<i>"This soup is delicious! Can I have more?"</i>
favourite (adjective)	The one you like the most.	<i>"My favourite fruit is a mango."</i>
healthy (adjective)	Good for your body; helping you stay well.	<i>"Fruit and vegetables are healthy foods."</i>
hot (adjective)	Having a high temperature; the opposite of cold.	<i>"Be careful — the soup is very hot."</i>

Exercise 1: Listening

Listen to the passage. Then answer the questions below.

Passage

My name is Daniel. I love food. For breakfast, I usually eat toast with butter and drink orange juice. Sometimes I have eggs too. For lunch, I often eat a sandwich — usually chicken or cheese. I drink water at lunch. In the evening, I cook dinner. I often make soup or pasta. For dessert, I like fruit — bananas and apples are my favourites. I do not drink coffee because I do not like it. My favourite drink is tea. I drink three or four cups every day.

Answer the questions. Circle the correct answer.

1. What does Daniel eat for breakfast?

a) Soup and water b) Toast with butter and orange juice c) A sandwich and tea d) Eggs and milk

2. What does Daniel usually eat for lunch?

a) Pasta b) Soup c) A sandwich d) Fruit

3. What does Daniel drink at lunch?

a) Coffee b) Juice c) Tea d) Water

4. What does Daniel like for dessert?

a) Bread and butter b) Soup c) Fruit d) Pasta

5. What is Daniel's favourite drink?

a) Orange juice b) Coffee c) Water d) Tea

Exercise 2: True or False?

Read each sentence. Write True or False on the line.

1. Bread is a food made from flour and baked in an oven.

Answer: _____

2. Juice is a hot drink, like coffee or tea.

Answer: _____

3. If you are hungry, you want to eat something.

Answer: _____

4. "Delicious" means food that tastes very bad.

Answer: _____

5. Vegetables are plants or parts of plants that you eat.

Answer: _____

6. Milk is a drink that comes from an orange.

Answer: _____

7. Your favourite thing is the thing you like the most.

Answer: _____

8. "Healthy" food is bad for your body.

Answer: _____

Exercise 3: Multiple Choice

Circle the correct answer.

1. I am very _____. I want to eat something right now.

a) thirsty b) delicious c) hungry d) healthy

2. My _____ food is pasta. I love it!

a) hot b) healthy c) hungry d) favourite

3. This pizza is _____! It tastes so good.

a) thirsty b) delicious c) hungry d) healthy

4. I drink _____ with my breakfast. I like orange or apple.

a) soup b) milk c) juice d) bread

5. She does not eat _____. She is vegetarian.

a) fruit b) bread c) meat d) rice

6. The coffee is very _____. Wait a few minutes before drinking it.

a) cold b) hungry c) healthy d) hot

7. Fruit and _____ are good for you. You should eat them every day.

a) coffee b) vegetables c) pasta d) juice

8. I am very _____. Can I have a glass of water, please?

a) hungry b) delicious c) thirsty d) hot

Exercise 4: Matching

Match each word or phrase (A) to its meaning (B). Write the correct number on the line.

A – Word / Phrase	B – Meaning
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1. bread ____	1. A common baked food made from flour that you eat at breakfast or lunch
2. soup ____	4. A white drink that comes from a cow
3. fruit ____	5. The feeling of wanting or needing to eat food
4. milk ____	2. A hot liquid food made with vegetables or meat
5. hungry ____	6. The feeling of wanting or needing to drink something
6. thirsty ____	3. Sweet food from trees such as apples, bananas, and oranges
7. delicious ____	7. Having a wonderful taste; very good to eat or drink
8. healthy ____	8. Good for your body and helping you stay well

Exercise 5: Gap Fill

Choose the correct word or phrase to complete each sentence.

Word Bank: coffee | delicious | favourite | fruit | milk | vegetables | hungry | water

1. I drink ____ every morning before I go to work.
2. This pasta is so ____! I want more, please.
3. My ____ food is pasta with tomato sauce.
4. I eat ____ every day. I like bananas and apples.
5. She puts ____ in her tea. She does not like black tea.
6. Carrots and tomatoes are _____. They are very good for you.
7. I am very _____. I did not eat breakfast today.
8. Drink some _____. You need to drink more every day.

Exercise 6: Word Sort

Put each word or phrase into the correct group.

Word Bank: water | fruit | juice | coffee | delicious | tea | bread | milk | thirsty | healthy | soup | hungry | rice | pasta | egg

Food	Drink	Describing food and how we feel
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Exercise 7: Complete the Dialogue

Choose the correct word or phrase to complete the conversation. Use the words in the box.

Word Bank: hungry | fruit | healthy | water | delicious | favourite

1. Sara: I am so ____ ! What is there to eat?
2. Leo: I have some ____ — apples and bananas.
3. Sara: Soup is very ____ . I love it.
4. Leo: Do you want ____ or juice to drink?
5. Sara: Oh, this soup is so ____ !
6. Leo: Thank you! Soup is my ____ food to make.

TEACHER ANSWER KEY

Do Not Distribute to Students

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Exercise 1: Listening

1. What does Daniel eat for breakfast?

Answer: Toast with butter and orange juice

2. What does Daniel usually eat for lunch?

Answer: A sandwich

3. What does Daniel drink at lunch?

Answer: Water

4. What does Daniel like for dessert?

Answer: Fruit

5. What is Daniel's favourite drink?

Answer: Tea

Exercise 2: True or False?

1. Bread is a food made from flour and baked in an oven.

Answer: TRUE

2. Juice is a hot drink, like coffee or tea.

Answer: FALSE — Juice is a cold drink made from fruit, not a hot drink.

3. If you are hungry, you want to eat something.

Answer: TRUE

4. "Delicious" means food that tastes very bad.

Answer: FALSE — "Delicious" means food that tastes very good.

5. Vegetables are plants or parts of plants that you eat.

Answer: TRUE

6. Milk is a drink that comes from an orange.

Answer: FALSE — Milk is a white drink that comes from a cow.

7. Your favourite thing is the thing you like the most.

Answer: TRUE

8. "Healthy" food is bad for your body.

Answer: FALSE — "Healthy" means good for your body and helping you stay well.

Exercise 3: Multiple Choice

1. I am very _____. I want to eat something right now.

Answer: hungry

2. My _____ food is pasta. I love it!

Answer: favourite

3. This pizza is ____! It tastes so good.

Answer: delicious

4. I drink ____ with my breakfast. I like orange or apple.

Answer: juice

5. She does not eat _____. She is vegetarian.

Answer: meat

6. The coffee is very _____. Wait a few minutes before drinking it.

Answer: hot

7. Fruit and ____ are good for you. You should eat them every day.

Answer: vegetables

8. I am very _____. Can I have a glass of water, please?

Answer: thirsty

Exercise 4: Matching

1. bread → 1

A common baked food made from flour that you eat at breakfast or lunch

2. soup → 2

A hot liquid food made with vegetables or meat

3. fruit → 3

Sweet food from trees such as apples, bananas, and oranges

4. milk → 4

A white drink that comes from a cow

5. hungry → 5

The feeling of wanting or needing to eat food

6. thirsty → 6

The feeling of wanting or needing to drink something

7. delicious → 7

Having a wonderful taste; very good to eat or drink

8. healthy → 8

Good for your body and helping you stay well

Exercise 5: Gap Fill

1. I drink ____ every morning before I go to work.

Answer: coffee

2. This pasta is so ____! I want more, please.

Answer: delicious

3. My ____ food is pasta with tomato sauce.

Answer: favourite

4. I eat ____ every day. I like bananas and apples.

Answer: fruit

5. She puts ____ in her tea. She does not like black tea.

Answer: milk

6. Carrots and tomatoes are _____. They are very good for you.

Answer: vegetables

7. I am very _____. I did not eat breakfast today.

Answer: hungry

8. Drink some _____. You need to drink more every day.

Answer: water

Exercise 6: Word Sort

Food:

bread, egg, rice, pasta, soup, fruit

Drink:

water, coffee, tea, juice, milk

Describing food and how we feel:

hungry, thirsty, delicious, healthy

Exercise 7: Complete the Dialogue

1. Sara: I am so ____ ! What is there to eat?

Answer: hungry

2. Leo: I have some ____ — apples and bananas.

Answer: fruit

3. Sara: Soup is very _____. I love it.

Answer: healthy

4. Leo: Do you want ____ or juice to drink?

Answer: water

5. Sara: Oh, this soup is so ____!

Answer: delicious

6. Leo: Thank you! Soup is my ____ food to make.

Answer: favourite