

# Present Perfect — B1 Lesson 2

For / Since / How long · State verbs

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Score: \_\_\_\_\_

## ■ Grammar Reference

### For / Since / How long — state verbs:

I have waited **for** an hour. | She has stayed here **since** last Tuesday.

**How long** have you felt this way? — For two weeks.

State verbs (feel, think, believe, understand, want, need) often use for/since.

Verb	Past Participle	Verb	Past Participle
wait	waited	stay	stayed
feel	felt	think	thought
believe	believed	understand	understood
want	wanted	need	needed

## Exercise 1 — True or False?

Read each sentence. Is it true or false? Circle True or False.

1. 'I have waited for two hours' uses 'for' correctly.

True False

2. 'She has stayed here since last week' is correct.

True False

3. 'How long have you felt this way?' is a correct question.

True False

4. 'I have thought about it since a long time' is correct.

True False

5. 'They have believed in this cause for years' is correct.

True False

6. The past participle of 'feel' is 'felt'.

True False

7. 'She has needed help since the beginning' uses 'since' correctly with a point in time.

True False

8. 'I have understood since two months' is correct.

True False

## Exercise 2 — Multiple Choice

Choose the correct answer. Circle a, b, or c.

1. I have waited \_\_\_ over an hour.  
a) since b) for c) ago
2. She has stayed in the same job \_\_\_ she graduated.  
a) for b) since c) during
3. \_\_\_ long have you felt unwell?  
a) What b) How c) Since
4. They have believed this \_\_\_ many years.  
a) since b) for c) during
5. He has \_\_\_ known the answer but didn't say anything.  
a) already b) always c) just
6. \_\_\_ have you needed glasses? — Since I was twelve.  
a) How long b) When c) For
7. She has \_\_\_ how to do it since the training.  
a) understand b) understood c) understanding
8. We haven't \_\_\_ from her since the conference.  
a) hear b) heard c) hearing

### Exercise 3 — Gap Fill

Complete each sentence with the correct word or form.

1. I have waited \_\_\_\_\_ this moment for years.
2. She has stayed in contact \_\_\_\_\_ they met.
3. \_\_\_\_\_ long have you felt this way?
4. They have believed in sustainability \_\_\_\_\_ decades.
5. He has understood the problem \_\_\_\_\_ the start.
6. \_\_\_\_\_ have you needed reading glasses?
7. She hasn't thought about it \_\_\_\_\_ a while.
8. We have wanted to travel \_\_\_\_\_ years.

### Exercise 4 — Matching

Match each sentence beginning on the left with the correct ending on the right.

1. How long have you	A) since the announcement.
2. She has stayed in the same flat	B) in this project for years.
3. They have believed	C) extra help for months.
4. He has felt nervous	D) the problem for a while.
5. I have understood	E) since 2020.
6. We haven't needed	F) waited for this opportunity?

### Exercise 5 — Word Order

Put the words in the correct order to make a sentence.

1. I / waited / for / . / years / for / this / have

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2. last / . / has / She / stayed / month / here / since

---

3. ? / felt / How / have / long / way / you / this

---

4. this / They / cause / . / have / believed / long / a / for / time / in

---

5. He / beginning / situation / has / understood / since / . / the / the

---

6. she / How / ? / long / support / needed / has

---

7. it / while / thought / haven't / . / a / for / about / We

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8. since / to / . / has / travel / young / was / she / wanted / She

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### Exercise 6 — Error Correction

Each sentence has one mistake. Find it and write the correct sentence.

1. I have waited since two hours.

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2. She has stayed here for she arrived.

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3. How long have you feel this way?

---

4. They have believed this since many years.

---

5. He has understood the problem since a long time.

---

6. How long she has needed glasses?

---

7. We haven't thought about it since a while.

---

8. She have wanted to travel for years.

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### Exercise 7 — Complete the Sentence

Complete each sentence using the present perfect. Use the verb in brackets.

1. \_\_\_\_ (you / wait) for the results for long?

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2. She \_\_\_\_ (stay) in the same job since she left university.

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3. \_\_\_ long \_\_\_ (he / feel) this way?

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4. They \_\_\_ (believe) in renewable energy for decades.

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5. I \_\_\_ (understand) the issue since you explained it.

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6. \_\_\_ long \_\_\_ (she / need) extra support?

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7. We \_\_\_ (not / think) about it for a while.

---

8. He \_\_\_ (want) to change careers since last year.

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## Exercise 1 — True or False?

Read each sentence. Is it true or false? Circle True or False.

1. 'I have waited for two hours' uses 'for' correctly.

**Answer: True**

2. 'She has stayed here since last week' is correct.

**Answer: True**

3. 'How long have you felt this way?' is a correct question.

**Answer: True**

4. 'I have thought about it since a long time' is correct.

**Answer: False**

5. 'They have believed in this cause for years' is correct.

**Answer: True**

6. The past participle of 'feel' is 'felt'.

**Answer: True**

7. 'She has needed help since the beginning' uses 'since' correctly with a point in time.

**Answer: True**

8. 'I have understood since two months' is correct.

**Answer: False**

## Exercise 2 — Multiple Choice

Choose the correct answer. Circle a, b, or c.

1. I have waited \_\_\_ over an hour.

a) since **b) for** c) ago

2. She has stayed in the same job \_\_\_ she graduated.

a) for **b) since** c) during

3. \_\_\_ long have you felt unwell?

a) What **b) How** c) Since

4. They have believed this \_\_\_ many years.

a) since **b) for** c) during

5. He has \_\_\_ known the answer but didn't say anything.

a) already **b) always** c) just

6. \_\_\_ have you needed glasses? — Since I was twelve.

**a) How long** b) When c) For

7. She has \_\_\_ how to do it since the training.

a) understand **b) understood** c) understanding

8. We haven't \_\_\_ from her since the conference.

a) hear **b) heard** c) hearing

### Exercise 3 — Gap Fill

Complete each sentence with the correct word or form.

1. I have waited \_\_\_\_\_ this moment for years.

**Answer: for**

2. She has stayed in contact \_\_\_\_\_ they met.

**Answer: since**

3. \_\_\_\_\_ long have you felt this way?

**Answer: How**

4. They have believed in sustainability \_\_\_\_\_ decades.

**Answer: for**

5. He has understood the problem \_\_\_\_\_ the start.

**Answer: since**

6. \_\_\_\_\_ have you needed reading glasses?

**Answer: How long**

7. She hasn't thought about it \_\_\_\_\_ a while.

**Answer: for**

8. We have wanted to travel \_\_\_\_\_ years.

**Answer: for**

### Exercise 4 — Matching

Match each sentence beginning on the left with the correct ending on the right.

1. How long have you

A) since the announcement.

2. She has stayed in the same flat

B) in this project for years.

3. They have believed

C) extra help for months.

4. He has felt nervous

D) the problem for a while.

5. I have understood

E) since 2020.

6. We haven't needed

F) waited for this opportunity?

**Answers: 1 — F | 2 — E | 3 — B | 4 — A | 5 — D | 6 — C**

### Exercise 5 — Word Order

Put the words in the correct order to make a sentence.

1. I / waited / for / . / years / for / this / have

**Answer: I have waited for this for years.**

2. last / . / has / She / stayed / month / here / since

**Answer: She has stayed here since last month.**

3. ? / felt / How / have / long / way / you / this

**Answer: How long have you felt this way?**

4. this / They / cause / . / have / believed / long / a / for / time / in

**Answer: They have believed in this cause for a long time.**

5. He / beginning / situation / has / understood / since / . / the / the

**Answer: He has understood the situation since the beginning.**

6. she / How / ? / long / support / needed / has

**Answer: How long has she needed support?**

7. it / while / thought / haven't / . / a / for / about / We

**Answer: We haven't thought about it for a while.**

8. since / to / . / has / travel / young / was / she / wanted / She

**Answer: She has wanted to travel since she was young.**

## Exercise 6 — Error Correction

Each sentence has one mistake. Find it and write the correct sentence.

1. I have waited since two hours.

**Answer: I have waited for two hours.**

2. She has stayed here for she arrived.

**Answer: She has stayed here since she arrived.**

3. How long have you feel this way?

**Answer: How long have you felt this way?**

4. They have believed this since many years.

**Answer: They have believed this for many years.**

5. He has understood the problem since a long time.

**Answer: He has understood the problem for a long time.**

6. How long she has needed glasses?

**Answer: How long has she needed glasses?**

7. We haven't thought about it since a while.

**Answer: We haven't thought about it for a while.**

8. She have wanted to travel for years.

**Answer: She has wanted to travel for years.**

## Exercise 7 — Complete the Sentence

Complete each sentence using the present perfect. Use the verb in brackets.

1. \_\_\_ (you / wait) for the results for long?

**Answer: Have you waited for the results for long?**

2. She \_\_\_ (stay) in the same job since she left university.

**Answer: She has stayed in the same job since she left university.**

3. \_\_\_ long \_\_\_ (he / feel) this way?

**Answer: How long has he felt this way?**

4. They \_\_\_ (believe) in renewable energy for decades.

**Answer: They have believed in renewable energy for decades.**

5. I \_\_\_ (understand) the issue since you explained it.

**Answer: I have understood the issue since you explained it.**

6. \_\_\_ long \_\_\_ (she / need) extra support?

**Answer: How long has she needed extra support?**

7. We \_\_\_ (not / think) about it for a while.

**Answer: We haven't thought about it for a while.**

8. He \_\_\_ (want) to change careers since last year.

**Answer: He has wanted to change careers since last year.**